

# Toboggan Enhancement Seminars for Women



Calling Women Patrollers to come have some fun!

**Come enjoy a day of running sleds the EASY way.**

Learn new sled handling techniques and bring your own to share.  
This TES is designed to take the muscle out of running a sled.

Please **preregister** by emailing one of us.  
Thanks and we look forward to seeing you on the Mountain!

For information & preregistration contact:

heather Van Houten at [info@3bdog.com](mailto:info@3bdog.com) - 208.890.4361 or  
Lori Serrano at [giannalorirandy@aol.com](mailto:giannalorirandy@aol.com)

**Last one of the season!**

**Sat., March 14, 2009 ~ Summit Central, WA**